

**We can stop
a tragedy
before it happens.**

Trust your instincts.
Most people show concerning behaviors
before a violent attack.



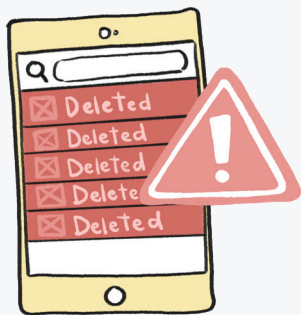
Learn the warning signs and get help at
PreventBayAreaViolence.org

Most people show concerning behaviors before a violent attack.

Common warning signs include:



Withdrawing from friends, family, and activities



Unusual secrecy about online activities



Expressing thoughts of harming themselves or others



Adopting a rigid “us versus them” mindset with clear “enemies”



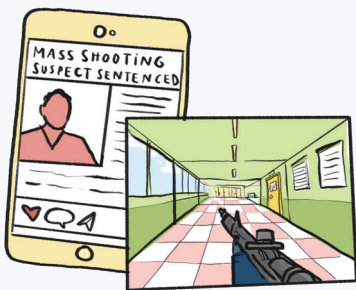
Sharing, wearing, or writing hate-based materials



Concerning interest in weapons or combat training



Behaving aggressively toward different groups or beliefs



Concerning interest with violent content or mass shooters



Expressing that violence is the way to set things right

